

GNCOMMUNITY BIBLE STUDY GUIDE

SERMON SERIES: "GUARDRAILS"

SERMON TITLE: "UNDER THE INFLUENCE"

DATE PREACHED: SUNDAY, AUGUST 25TH 2019

PREACHER: CODY BALCH



SERMON IN A SENTENCE:

"HEALTHY DECISIONS FLOW FROM AN ALERT AND SOBER MIND."

WARM UP QUESTIONS:

- 🗨️ What are some things that influence and even impair people's minds, judgements, and decisions?
- 🗨️ What is an example from your life where you knew you weren't thinking straight? What was the cause?

DIVE INTO SCRIPTURE:

1st Peter 5:8a — "8a Be alert and of sober mind."

- 🗨️ How is the way you live out your faith connected to the way you think (your mind)? Is there a direct connection?
- 🗨️ What would it mean to be "alert" in your faith and walk with Jesus?
- 🗨️ What does it mean to have a "sober mind" in regards to your faith?
- 🗨️ What are the actual real-life consequences to not being alert and sober minded in your faith?

1st Peter 5:8b — "8b Your enemy the devil prowls around like a roaring lion looking for someone to devour."

- 🗨️ What would you do if you knew that a real lion was prowling around your city? (Think of what people do who live in African villages that

have lions in their area...they have to keep living and can't stay locked up in their home all the time.)

🗨️ Is the devil passive, aggressive, or opportunistic, or something else?

🗨️ What is the devil's goal?

○ Do we have to live in fear? Why or why not?

🗨️ How do you stay on guard? What helps us stay alert and sober minded?

TAKE THIS HOME WITH YOU "TAKEAWAY":

☀️ What influences your mind will influence your actions.

○ What are you allowing to intentionally influence your mind?

🔒 Close in prayer.

MATCHING THEME IDEAS FOR THE KID'S LESSON:

— I'd encourage a worship time if possible (youtube works great {Lifetree Kids & Bible Project}).

— Ask them if they have any things in their life that they need Jesus' help with, and then pray for the requests of the group.

— And feel free to ask any of the kids if they'd like to say a prayer for the group.

▶️ **Read 1st Peter 5:8** — "8 Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."

Ask the kiddos questions like:

- Can you show me your best alert face?
- What does it mean to be alert?
- What animal does it say the devil is like?
- What would you do if there was a lion in this house?
- Do we need to be afraid of the devil? Why or why not?

Ask the kiddos questions like:

- Choose who will be the lion, and have them tag (eat) anyone who makes noise.